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The Fortnightly Bulletin of the Rotary Club of Surathkal

Rotary District 3181

Charter No. 27539





15th March 2025

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Dear Rotarians,

We would be having the Inauguration and Handing over of the Rainwater Harvesting Projects to the beneficiaries next week. The Projects at VIRAT & Sri Mahalingeshwara English Medium School are very critical for ground water recharge of the aquifers, as the institutes rely mainly on ground water for their consumption.

The projects are also part of the District Project "JALA SIRI". The VIRAT building project is funded by CSR funding from MCF and would be inaugurated on Friday, 21st March.

SMEMS project is a District Grant Project and a joint project by our club along with Rotary Club Mangalore City and inauguration scheduled on Monday, 24th March. I request all the



Sandeep Rao I.
President

We celebrate the Birthday of....

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Rtn. Raghavendra P. on 18th

Rtn. Umesh Bhat on 18th,

Rtn. Sathish Rao Iddya on 20th,

Rtn. Jagadish P. on 26th

Rtn. Ravilochana Achar on 29th,

Ann Aruna, W/o Rtn. Harishkumar on 16th,

members be present for both the events.

Ann Dr. Swapna, W/o Rtn. Pradeep Kumar on 18th,

Ann Shashikala, W/o Rtn. Shridhar Bhat on 19th,

Ann Nalini Rao, W/o Rt. Rajmohan Rao on 28th,

Annet Sridevi K. S., D/o Rtn. Sridhar Bhat(Sorry, no photo)

on 21st and

Annet Dr. Nithin Kumar, S/o Rtn. Bhaskar D. on 28th.



















Conveys our Special Greetings

to them on these special occasions.



Of the things we think, say or do

1. Is it the truth?

2. Is it fair to all concerned? 3. Will it build goodwill and better friendships? 4. Will it be beneficial to all concerned?

the fortnight that was

01/03/2025: "Naari Club Naari Utsav 2025" - Registration event for the saree walk at Surathkal beach was held at

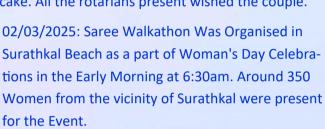


Chawadi in Surathkal from 10am to 6pm. This event was coordinated by Inner Wheel Club of Surathkal along with Rotary Club of Surathkal and Women's Wing of Buntara Sangha.

01/03/2025: Monthly Dinner Meeting for the Month of February was organised along with Health Awareness Talk on the Topic: Awareness on Glaucoma by our member, Rtn Dr. Gururaj. He Gave an in depth talk on this subject and many of our Rotarians were able to clear their doubts on this subject. The wedding anniversary of Ann Nalini and Rtn. Rajmohan Rao was celebrated after the meeting by cutting the cake. All the rotarians present wished the couple.







06/03/2025: Rotary club of Surathkal became the first club in RID 3181 to have ESRAG Eco Action club. Three of our club Rotarians, Rtn

Dr.Basavaraj Manu, Rtn Dr.Pruthviraj U & Rtn Sandeep Rao Iddya along with Two Non Rotarians ioined the club as members. More Rotarians and Non-Rotarians can join the Eco Club.

07/03/2025: We hosted a welcome meeting to Rtns from Mumbai, Kumar Ajwani, Reshma Shetty, Girish Shetty and Haridasan Nair - 4 runners on their Journey from Mumbai to Mangalore, around 970 kms in 23 days, covering approximately 42+ kms per day, spreading awareness of "CHILDHOOD cancer is curable" under the Surathkal Flyover and showed our support for the cause. They Support Tapasya Foundations "Terminally ill Cancer Patients Palliative care centre" being built at Mudipu.







11/03/2025: In the weekly meeting our member Rtn. P. V. Venugopal gave a talk on "India and World". It was an educative talk for us covering the inter relationships among the major nations and the impact of their policies in general.









Rtn. Nitheshkumar. Secretary

Water, Sanitation, and Hygiene (WASH) and Rotary's Role

Access to clean water, proper sanitation, and good hygiene (WASH) is essential for public health, economic development, and overall well-being. Unfortunately, millions of people worldwide still lack these basic necessities, leading to preventable diseases, poor quality of life, and even death. Organizations like Rotary International have played a significant role in addressing these challenges through sustainable

projects and community-driven solutions.

The Importance of WASH

Clean water is fundamental to life. Without it, communities suffer from dehydration, food insecurity, and the spread of waterborne diseases such as cholera and dysentery. Every year, thousands of children die due to unsafe drinking water and poor sanitation, making WASH a critical global concern. Proper sanitation, including toilets and waste disposal systems, prevents the contamination of drinking water sources and reduces the spread of infections. Hygiene practices, such as handwashing with soap, further reduce dis-



March is... WATER **SANITATION &** HYGIENE MONTH

ease transmission and improve overall health outcomes.

The lack of access to WASH facilities particularly affects children and women. Inadequate sanitation in schools leads to absenteeism among girls, especially when they reach puberty. The absence of clean and private toilet facilities discourages them from attending school, affecting their education and future opportunities. Moreover, women and children in many developing regions spend hours each day fetching water, limiting their opportunities for education and economic participation. This cycle of hardship perpetuates poverty and inequality, making WASH improvements a crucial step toward sustainable development.

Rotary's Commitment to WASH

Rotary International has been at the forefront of WASH initiatives worldwide. Through its focus on humanitarian service, Rotary clubs have implemented projects that provide sustainable access to clean water, build sanitation facilities, and promote hygiene education. These initiatives align with the United Nations Sustainable Development Goal (SDG) 6, which aims for universal access to clean water and sanitation by 2030.

One of Rotary's flagship initiatives is the Water, Sanitation, and Hygiene (WASH) in Schools (WinS) program,

which ensures that students have access to clean drinking water and proper sanitation. These efforts lead to improved student health, increased school attendance, and better learning outcomes. Rotary also educates communities about hygiene practices, such as handwashing, menstrual hygiene management, and safe water storage, helping to prevent the spread of diseases.

Rotary collaborates with governments, NGOs, and local communities to design and implement long-term WASH solutions. This includes constructing boreholes, rainwater harvesting systems, and water filtration plants. Rotary's approach emphasizes sustainability, ensuring that communities can maintain these facilities through training and local ownership.







Impact and the Way Forward

Through grants, fundraising, and volunteer efforts, Rotary has transformed the lives of millions by improving WASH facilities in underserved regions. However, the challenge remains vast. Climate change, population growth, and urbanization continue to put pressure on water resources, making sustainable solutions more urgent than ever.

To achieve lasting progress, continued investment, innovation, and partnerships are necessary. Governments, NGOs, and private organizations must work together to expand access to clean water, promote hygiene education, and develop efficient water management systems.

By championing WASH initiatives, Rotary not only enhances health and well-being but also empowers communities, reduces poverty, and fosters a brighter, healthier future for all





Saree Walk At Surathkal Beach

The saree walk or run was being held in mangalore for the past so many years successfully but it was new to the

town of Surathkal. Team Rotary Surathkal when approached by the Inner wheel Surathkal members it took it up as an interesting task and make way for a unique event for all the women in and around to bask in the beautiful Beach Run.

This event was meant to drive this one point home that was "Let Not Your Dress Code Define Your Fitness Levels".





Emphasizing women's progress. Promoting fitness and wellness. Sort of Walk, Run, Saree - Healthy Women, Happy Nation encouraging women to prioritize health. Focusing on the connection between fitness and sarees. Honoring the cultural heritage of sarees.

Which is also Symbol of Strength and Beauty.

Women from all walks of life came early morning to a beautiful serene beach of Surathkal dressed up showcasing the blend of tradition and modernity.

Each one were ready with their run identity bands which they had collected one day prior at a Lady Entrepreneur Mela. This fair which was a curtain raiser to the Beach Run had an encouraging 50 stalls showcasing products.

Also had a fire and LPG talk and saree draping and a eye opener on Cervical cancer talk by leading professionals. All meant to encourage women to discover their strengths.

The women gathered in hundreds. The Saree-Clad and Unstoppable participants rocked the Zumba session and ran on the Beach with confidence and determination.

They were honored with individual medals for being a part of Walk with Purpose, Wrapped in Pride

I had the honor and pride of sponsoring the cash prizes through my concern M/s Karavali Sports, Surathkal.

Women from different walks of life too were honored for their various achievements at the event.

This Beach run walk was cosponsored by many other local organizations . Looking forward to a second addition soon.





Friends,

Here are the answers for the quizzes:

Rotry quiz 12—The Rotary Club of Calcutta was the first Rotary club in India, chartered in 1920. The Rotary movement in India began in 1919 when R.J. Coombs organized the club.

Logic Puzzle: Answer is 11

In each column, numbers increase in steps of 3, 4 and 5.

	Sudoku										
6	5	9	1	4	2	7	8	3			
1	3	8	5	7	9	2	4	6			
4	7	2	6	3	8	1	9	5			
8	2	4	3	1	7	5	6	9			
5	9	7	4	8	6	3	1	2			
3	6	1	2	9	5	4	7	8			
2	8	6	7	5	1	9	3	4			
9	1	3	8	2	4	6	5	7			
7	4	5	9	6	3	8	2	1			

Sudoku

Rotary Quiz 13: How many zones are there in Rotary International?

A. 25

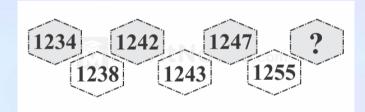
B. 34

C. 36

D. 41

Logical Puzzle: 13

What is the next number in the sequence?



Sudoku

	2					9		
			5	7				
9			6					
				6				3
			2					4
3	8	2						
				4	1	3		5
	1							7
	6	7					4	8

Take it lightly

A gentleman walked into a bar in Hampankatta and ordered six pints of Kingfisher.

He sat at a table in the back of the pub and slowly sipped each of the drinks one after the other.

While cleaning tables the barman went up to him and said, "You know that your Kingfisher goes flat after it is poured. It would taste better if I poured them one at a time."

The gentleman said, "Well I have five brothers. One is in Australia, one in Canada, one in New Zealand, one in Canada and one in India."

"When we left home we promised that we would drink this way so that we would remember the days we drank together."

The barman admitted that this was a nice custom and he left the drinker alone.

The Gentleman became a regular and each evening on the way home he came in for his six pints of Kingfisher.

Some months later, one day he came in and ordered five pints of. He sat down and drank them in turn.

The barman came over to him and said, "I don't want to intrude on your grief. However please accept my condolences on the loss of one of your brothers!"

The gentleman looked puzzled for a moment, then a light dawned and he laughed, "Oh, no", he said,

"Everybody's just fine. It's just that my wife had us join the Pentecostal Church and I had to quit drinking.

However, it hasn't affected my brothers!"



Rtn. P. Srinivas Rao

Friends,

W e are very proud to introduce yet one more second generation Rotarian to you this time. None other than Rtn Srinivas

Rao, son of our past member Rtn. Deva Rao.

Name: P. Srinivas Rao

Calling Name: Srinivas Deva Rao

Date of Birth: 29th July

Classification: Supply Chain Management.

Spouse: Sheela

Date of Birth: 09th Feb

Wedding Anniversary: 25th November.

Son: Rahul.

Date of Birth: 07th August.



He Is the 3rd child of Smt. Bhagirathi Rao and Late Rtn. Sri Padebettu Deva Rao.

Did his degree in Management from MGM College, Udupi and MBA in Materials Management from Manasa Gangotri, Mysore. He has a Gold Medal in Marketing Management. Also has diplomas in Foreign Trade, Packaging Technology and in Supply Chain Management. Is a Certified Sourcing Manager too.

Has 40+ years of experience, having worked with Hindustan Construction Company, Balsara Hygiene, Pidilite, Himalaya Drugs, Infosys, Flextronics etc. Is a distinguished member of Indian Institute of Materials Management [IIMM]. Was earlier a member of BoS, IIMM. Was also associated as a consultant and trainer with ITC, a UN Body. Was on their Supply Chain Management [SCM] Course Book Review Panel. Has written text books for IIMM as well as ITC. Is a trained trainer and case study writer. Regularly teaches at many B Schools and speaks at several conferences, seminars etc. As a corporate trainer, has visited several business organizations. Is a multi-linguist. Is a reasonably good table tennis and badminton player. Hobbies include learning and knowledge sharing. Can also cook veg dishes.

Wife Sheela, a degree holder in commerce from Vivekananda College [Puttur], is a homemaker. Before marriage, was working at Manipal University in the Admin. Department. Is a trained Carnatic singer. Has recorded several songs on platforms like Starmaker, Smule etc. Is also an excellent cook.

Son Rahul holds an Automobile Engineer from MIT Manipal. Also holds a MSc in Motor Sports Engineering from Oxford Brooks University, UK. Is very passionate about cars and racing. Has participated in several race events at student level, both in India and overseas. Was one of the key members of Formula Manipal Team and was a winner in auto cross race at Formula Bharat 2019. Currently working for AVL [an Austrian Company] and is posted as a Calibration Engineer at Ford R&D at Basildon [Essex, UK]. Is a Black Belt in Karate. Was also a member of the School Band.

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